

News flash- In service program for teachers.

Teachers Corner: Teachers had seminar for 5 days with a separate theme on each day starting from 19th may.

Day 1: The principal- Sr.Joseline was the resource person. She took the topic on “Gender sensitivity in schools”. During her session she dealt the following points:

Why schools need to prioritize gender sensitivity and inclusivity?

How can schools promote gender sensitivity?

Through discussions and case study we have come to the conclusion that we should educate our students -to build empathy, promote gender equality at home and school, find ways and means to reduce gender-based violence etc.

Day 2: The topic for the day was: Class room teaching. We took up model classes, evaluated and gave valuable suggestions to become better educators. We were taken back to our Training period and this was a revisit of the same. This time we were able to look at our part in a different way as we have gone through years of practice by now.

Day3:“Health and wellness” was taken up by Mrs.Bhoomika and Ms. Sonia.

This topic covers area like physical, mental, social, emotional and spiritual health. In the session we discussed on the importance of Physical exercise and Meditation- which is mental exercise. Connecting oneself to the Divine is very important in one’s life. We drew up a few action plan such as training students to prepare ‘First Aid Box’, to conduct medical camp, counselling for every student etc.

Day 4: Topic for the day was- Effective Classroom management. Session was conducted by Mrs.Manisha Yadav and Ms.Sarita. Their session was very much interactive. They emphasized in creating a positive environment and maximum involvement of students. Few key principles for teaching -learning were pointed out.

The second half of the day was spent on “Social Emotional Learning” . Mrs. Rose and Ms.Shalini took up this topic. Their focus was on SWORT analysis.

Day 5: Mrs.Ruchi Chillar and Mrs.Annu took the session on use of ‘Artificial Intelligence’ in school curriculum. As ‘AI’ has become an integral part of our lives, we also desire to include the study of it. It has become the duty of a teacher to prepare her students to face the world tomorrow. The session was very informative and the teachers showed keen interest in this new topic.

The second half of the day was focused on the “Value Education”. We felt that though we have value education classes thrice a week, we need to show various aspects of life situations to the students. Any knowledge one studies in the school may be forgotten, but the values caught by the young minds will remain with them.

Day 6: Topic for the day was ‘Adolescent Education Program’. Session was conducted by Mrs.Himani, Mrs.Sakshi and Mrs.Sulekha. During the storm and stress period of time, students need guidance and empathy from the grownups. In school, teachers need to approach students who are willing to listen without prejudice. Schools can also reach out to parents and get them involved in the life of the child. Parents too need guidance. We spent time to articulate what we as teachers could do.

Last but not the least topic we looked into was ‘Teacher retention crisis in India.’ This topic was taken up by Mrs.Rashmi, Ms.Magdhilina and Ms.Gloria. We discussed few reasons for this issue such as over burdening of work, demotivation received from the existing teachers, lack of training etc. By creating a positive attitude towards life and work can solve many of these problems.